










**6 Shots**

**6 Seconds** - 6 shots clear of barricade

- 2 Shots standing target 2
- 2 Shots standing target 3
- 2 Shots standing target 4

1	2	3	4	
				
				
	<i>2 Shots</i>	<i>2 Shots</i>	<i>2 Shots</i>	

**6 Sec**






— MAKE SAFE, SCORE & PATCH —

10 YARDS (9.14 Metres)

**6 Shots**

**4 Seconds** (1 or 2 handed)

6 Shots standing target 4

1	2	3	4	
				
				

**4 Sec**







**6 Shots**

**8 Seconds**

3 Shots standing **STRONG** hand unsupported

3 Shots standing **WEAK** hand unsupported

6 Shots standing target 3

1	2	3	4	
				
				
		<i>3 Shots</i>	<i>3 Shots</i>	







**8 Sec**

**6 Shots**

**4 Seconds** - 6 Shots (1 or 2 handed)

3 Shots target 1

3 Shots target 2

1	2	3	4	
				
				
<i>3 Shots</i>	<i>3 Shots</i>			

**4 Sec**

— MAKE SAFE, SCORE & PATCH —

7 YARDS (6.40 Metres)







**12 Shots Un sighted Series**

**15 Seconds**

6 Shots crouch position target 1

6 Shots crouch position target 2

*All parts of the gun to remain below the shoulder*

1	2	3	4	
				
				
<i>3 Shots</i>	<i>3 Shots</i>			

**15 Sec**

END — MAKE SAFE, SCORE & PATCH —